

Overview

A cardiac catheterization is a diagnostic procedure that provides detailed X-ray pictures of the heart and its blood vessels.

A cardiac catheterization will show whether:

Blood flow to the heart is not being restricted by blockages – This finding lets the doctor know if symptoms aren't related to the heart.

Arteries to the heart are narrowed or blocked, and the exact location, size, and shape of any blockages – This information will allow the doctor to develop an appropriate treatment plan.



Results

Your healthcare provider will discuss the results with you and your family right away. From there, they will develop a detailed individual treatment plan.

When Should I Call My Provider?

Contact your healthcare provider if you have:

- Fever.
- Dizziness.
- Pain, swelling, bleeding or discharge (yellow or green) from where the catheter went into your skin.
- Chest pain.
- Shortness of breath.
- Abnormal heart rhythm.



Cardiac Catheterization



Cath Lab:

14810 Old St. Augustine Road
Suite 210
Jacksonville, FL 32258

Scheduling:

904-222-6656

www.drashchiheart.com

What You Can Expect

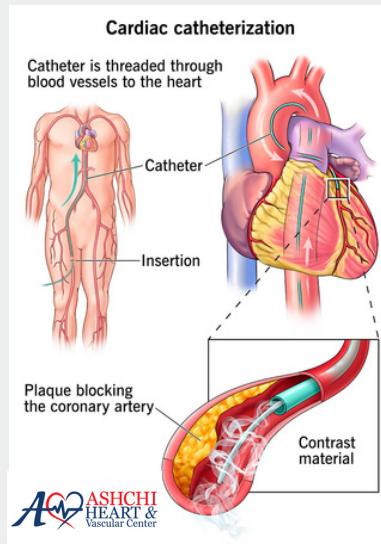
Your provider uses a needle to place a catheter into an artery or vein. This can be done in your arm or in your leg.

The doctor then injects contrast material through the catheter and takes x-ray images as the contrast material moves through your heart's valves and major vessels.

The digital photographs of the contrast material allow your provider to identify the site of the narrowing or blockage in the coronary artery, evaluate the size and shape of heart chambers and/or blood vessels and find abnormal leaks or holes.

How You Got Here

- You may have had a positive stress test.
- You may be experiencing chest pain, tightness, pressure, or shortness of breath.
- This may be a cardiac work-up for another procedure that you are preparing for.



How to Prepare

You'll need to make your provider aware of any medicines you're taking and any allergies you have. Usually, you'll need to stop eating and drinking six to eight hours before your heart catheterization.

Allergies

Discuss all of your allergies with your provider, especially these:

- IVP dye/contrast agent allergy.
- Iodine allergy.
- Latex/rubber products allergy.

Medications

Discuss your medications with your provider, who may want to stop or adjust the doses several days before or on the day of the procedure, especially these:

- Blood thinners (anticoagulants).
- Aspirin.
- Diabetes medications, especially metformin.

Pre-Op

Cath lab staff will call you 3-5 days prior with your arrival time.

Lab work will need to be completed one week (7 days) prior to your procedure. Not completing your ordered lab work may result in cancelation/rescheduling of your appointment.

Post-Procedure Recovery



- A responsible adult (at least the age of 18) should accompany you for this procedure and assist you at home for the next 24hrs.
- For the next 24hrs, do not drive, operate hazardous/heavy equipment or appliances, drink alcoholic beverages or take non-prescribed medications.
- Remove the bandage after 24hrs, clean the site, and pat the area dry. **DO NOT** apply any lotions or powders at the puncture site.
- Do not submerge affected area in water (No pools, tubs, sinks, or hot tubs) for three days.
- Limit activity for the next 2 days. Do not engage in exercise or heavy activity
- Do not lift anything heavier than 5lbs for the first 24hrs, including children and pets.
- We are able to provide you with a work note with limitations if needed. Please let cath lab staff know once you arrive the day of your procedure.