

Vein Ablation

A Modern Treatment for Varicose Veins

Do your legs feel tired, achy, heavy, or swollen?

You may have venous insufficiency, a common condition in which the veins in your legs have trouble returning blood to your heart.

Vein ablation is a minimally invasive procedure that closes unhealthy veins so blood naturally flows through healthier veins.

Quick • Safe • Effective • Little Downtime

More than 30 million Americans have vein disease—but only a fraction receive treatment.

Untreated vein disease can worsen over time, leading to pain, skin changes, ulcers, and reduced quality of life. Early treatment can relieve symptoms and help prevent complications.

Frequently Asked Questions

Will the procedure hurt?

Most patients experience only mild discomfort. Local anesthetic keeps the treatment area numb.

Will my blood flow normally?

Yes. Closing the diseased vein actually improves circulation because blood is redirected into healthy veins.

Will the vein come back?

The treated vein does not reopen in most patients. However, new vein disease can develop over time, making regular follow-up important.

When will I notice improvement?

Many patients notice less aching and heaviness within a few weeks. Swelling and the appearance of varicose veins often continue to improve over several months.



Phone: 904-222-6656

Fax: 904-222-6657

www.drashchiheart.com

3900 University Blvd. South

Jacksonville, FL 32216

VEIN ABLATION

**RELIEVE LEG PAIN. IMPROVE
CIRCULATION. RESTORE YOUR
CONFIDENCE.**

ASHCHI
HEART &
Vascular Center

WHAT IS VENOUS INSUFFICIENCY?

Healthy veins contain one-way valves that keep blood moving upward toward your heart. When these valves become weak or damaged, blood flows backward and pools in the legs.

This causes increased pressure inside the veins, leading to:

- Varicose veins
- Leg swelling
- Aching or heaviness
- Cramping
- Burning or itching
- Skin discoloration
- Non-healing leg ulcers

Without treatment, symptoms often become progressively worse.

Who Is at Risk?

You may be more likely to develop vein disease if you:

- Have a family history of varicose veins
- Stand or sit for long periods
- Are over age 50
- Are overweight
- Have been pregnant
- Smoke
- Have has a previous blood clot
- Have a history of leg injury



Benefits of Vein Ablation

- No large incisions
- Local anesthesia/ IV Sedation
- Minimal discomfort
- Outpatient procedure
- Little downtime
- Improved circulation
- Reduced pain and swelling
- Better cosmetic appearance
- High success rates

Most procedures take 30–60 minutes.

AHV is Jacksonville's only vein specialist using IV Sedation for pain management

During the Procedure

- Your leg will be cleaned and numbed with local anesthetic.
- Ultrasound is used to guide the catheter.
- The vein is treated using heat energy.
- A small bandage is applied.

Most patients remain awake and comfortable throughout the procedure.

After the Procedure

Most patients walk immediately after treatment.

You should:

- Walk for 20–30 minutes daily.
- Wear compression stockings as directed.
- Avoid heavy lifting for several days.
- Avoid prolonged sitting or standing.
- Keep your follow-up ultrasound appointment.

Many patients return to work the next day.

